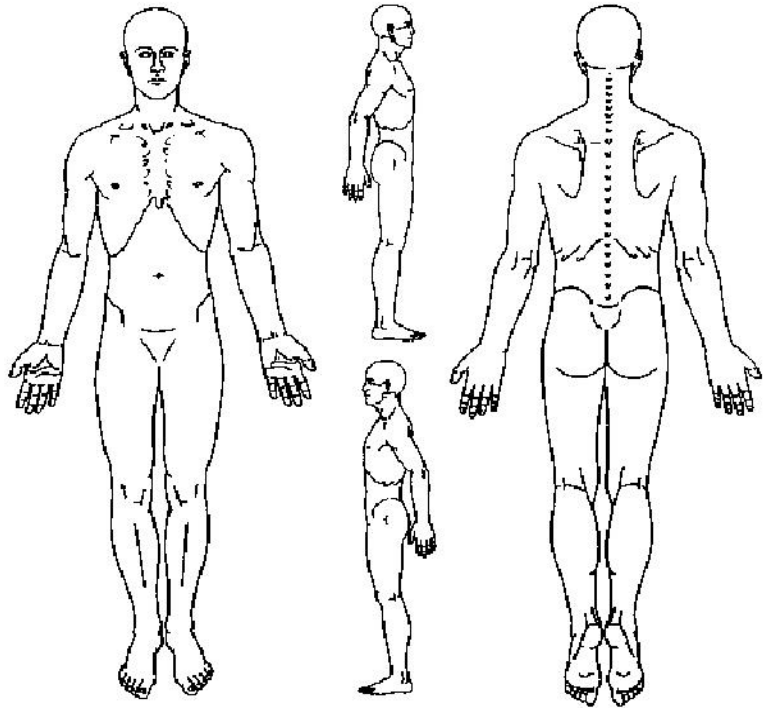


PATIENT HEALTH HISTORY

*Please check to indicate if you are **CURRENTLY** experiencing any of the following conditions and then circle problematic areas on body to right:*

- | | |
|-----------------------|-----------------------|
| Neck Pain/Stiffness | Pins/Needles in Arms |
| Back Pain/Stiffness | Pins/Needles in Legs |
| Arm/Hand Pain | Light Bothers Eyes |
| Leg/Knee Pain | Recent Weight Change |
| Headaches | Loss of Memory |
| Night Pain | Nausea |
| Depression | Loss of Taste |
| Cold Extremities | Fatigue |
| Nervousness | Chest Pain |
| Sleeping Difficulties | Tension |
| Jaw Problems | Fever |
| Loss of Smell | Cold Sweats |
| Fainting | Constipation/Diarrhea |
| Dizziness | Allergies |
| Stomach Problems | Shortness of Breath |
| Asthma | Blurred/Double Vision |
| Swollen Joints | Bowel/Bladder Changes |
| Mood Changes | Trouble Concentrating |
| Foot Trouble | Loss of Balance |



Please check if you have ever had any of the following:

- | | | | | |
|----------------------|------------------|------------------------|---------------------|--------------------|
| ADD/ADHD | Cancer | Heart Attack | Mouth Sores or | Sexual Difficulty |
| Aids/HIV | Cataracts | Heart Problems | Bleeding Gums | Stroke |
| Alcoholism | Chemical | Hemorrhoids | Multiple Sclerosis | Suicide Attempt |
| Allergy Shots | Dependency | Hepatitis | Mumps | Thyroid Problems |
| Anemia | Chicken Pox | Hernia | Nosebleeds | TMJ Pain |
| Anorexia | Colon Trouble | Herniated Disc | Osteoporosis | Tonsillitis |
| Appendicitis | Contacts/Glasses | Herpes | Pacemaker | Tremors |
| Arthritis | Diabetes | High Cholesterol | Parkinson's Disease | Tuberculosis |
| Asthma/Wheezing | Dry Skin | Hormone/Gland Problems | Pinched Nerve | Tumors/Growths |
| Bad Breath/Bad Taste | Ear Infections | Insomnia | Pneumonia | Typhoid Fever |
| Bleeding Disorders | Epilepsy | Kidney Problems | Polio | Ulcers |
| Blood Pressure: | Fractures | Liver Disease | Prostate Problems | Vaginal Infections |
| High or Low (circle) | Gall Bladder | Measles | Prosthesis | Venereal Disease |
| Breast Lump | Glaucoma | Menopausal Prob. | Psychiatric Care | Other: _____ |
| Broken Bones | Goiter | Migraines | Rheumatoid | _____ |
| Bronchitis | Gonorrhea | Miscarriage | Arthritis | _____ |
| Bulimia | Gout | Mononucleosis | Rheumatic Fever | _____ |
| | Heartburn | | Scarlet Fever | _____ |

Are you currently under drug and/or medical care? Yes No If yes, explain _____

Please list any and all medications you are currently taking: _____

Please list any surgeries and/or hospitalizations you have had (type & date): _____

Please complete the following food and chemical sensitivity questionnaire. Score each symptom based upon your experiences over the last 60 days. This survey should be taken again after the completion of the Alcat Test, prior to reintroduction of "reactive" foods. Typically 3-6 months after initial testing. This comparison will help to assess the success of the eating modification program.

Symptom Scoring System:

- = No Symptoms (Zero Points)
- = Experience Mild Symptoms (One Point)
- = Experience Moderate Symptoms (Two Points)
- = Severe Symptoms (Three Points)

Digestive Symptoms

- Stomach Pains or Cramping
- Constipation
- Diarrhea
- Reflux, Acid, Heartburn
- Bloating
- Gas
- Nausea or Vomiting

Weight

- Inability to Lose Weight
- Food Cravings
- Binge Eating
- Water Retention

Sinus/Respiratory

- Stuffy or Runny Nose
- Asthma
- Chest Congestion
- Chronic Cough
- Wheezing
- Frequent Sneezing

Head/Ears

- Migraines
- Headaches
- Earaches
- Ear Infection
- Ringing in Ears

Eyes/Throat

- Itchy Eyes
- Watery Eyes
- Sore Throat
- Persistent Canker Sores

Emotional/Mental

- Depression
- Anxiety
- Mood Swings
- Irritability
- Poor Concentration

Energy

- Fatigue
- Hyperactivity
- Lethargy
- Restlessness
- Insomnia

Skin Disorders

- Eczema
- Dermatitis
- Excessive Sweating
- Rashes
- Hives

Other Symptoms:

- Joint Pain
- Arthritis
- Irregular Heartbeat
- Chest Pains
- Muscle Aches

Please list any symptoms not mentioned above:

Total Score: _____

OFFICE USE ONLY

Food and Chemical Sensitivity Survey

Date: __/__/__

Patient Name: _____

Gender: M / F

Height: Feet ____ Inches ____

Weight: ____ lbs.

Please list all medications you are currently taking: _____

NEUROLOGICAL / MRI / VASCULAR PATIENT
QUESTIONNAIRE

NAME _____

DATE _____

For any YES answer, please explain under comment and notify the Doctor:

- | | | |
|---|----|-----|
| 1. Do you suffer from neck pain with pain in your shoulder, arms or hands?
Comment: _____ | NO | YES |
| 2. Do you have weakness, numbness or burning in your shoulder, arms or hands?
Comment: _____ | NO | YES |
| 3. Do your hands or arms fall asleep regularly?
Comment: _____ | NO | YES |
| 4. Do you have reduced feeling (sensation) or swelling in your hands or arms?
Comment: _____ | NO | YES |
| 5. Do you suffer from a loss of handgrip strength?
Comment: _____ | NO | YES |
| 6. Do you suffer from back pain with pain in your buttocks, legs or feet?
Comment: _____ | NO | YES |
| 7. Do you have weakness, numbness or burning in your buttocks, legs or feet?
Comment: _____ | NO | YES |
| 8. Do our legs or feet fall asleep regularly?
Comment: _____ | NO | YES |
| 9. Do you have reduced feeling (sensation) or swelling in your legs, feet?
Comment: _____ | NO | YES |
| 10. Do you suffer from cold hands or feet?
Comment: _____ | NO | YES |
| 11. Have you tried any medications such as anti-inflammatory?
If yes, what kind of medication? _____ | NO | YES |
| 12. Have you tried any Physical Therapy or Chiropractic treatments before?
If yes: When? For how long? What kind? _____ | NO | YES |
| 13. Have you had an MRI?
If yes: When? Who ordered it? What was it ordered for? _____
_____ | NO | YES |
| 14. Have you used any splint or braces or other prescribed treatment by an MD?
If yes: When? What kind? Who ordered it? _____
_____ | NO | YES |
| 15. If you have tried any treatment or medications, did this make your problem better?
Comment: _____ | NO | YES |

TERMS OF ACCEPTANCE AND CONSENT FOR CARE

We will attempt to identify and diagnose any ailments you may have that may be corrected through physical medicine, active/passive rehabilitation, chiropractic care, and/or massage therapy. If any condition or disease appears to be present out of our scope of practice, we will refer you to an appropriate physician to diagnose and/or treat that condition.

The primary focus of care in this office is the detection and correction of Neuromusculoskeletal conditions as well as lifestyle modification for the correction or amelioration of physiological and physical ailments.

Through specific tailored treatment plans, we reduce and/or correct physical or physiological disturbances. It may be necessary to examine an individual each time a new injury occurs and often x-rays or other diagnostic procedures are necessary to maintain the utmost safety when dealing with your body. The risks of physical medicine, active/passive rehabilitation, chiropractic care, and/or massage therapy are minimal when dealing with a licensed professional; however, if you have concerns about these risks, please discuss them with the doctor prior to the examination.

Also, for your protection, portions of our office where patients do not disrobe are under video surveillance, specifically, but not limited to, the front desk check-out stations.

I have read and I accept the terms above and understand them fully. I hereby give consent to the Advanced Healthcare Physical Medicine, to evaluate me to determine my condition and treat me for such conditions. I also understand that I may at any time discontinue with the exam and/or x-rays or any treatment if I so choose.

CHECK IF YOU HAVE INSURANCE

I certify that I (or my dependent) have insurance coverage with _____ and I AUTHORIZE, REQUEST, AND ASSIGN MY INSURANCE COMPANY TO PAY DIRECTLY TO THE PHYSICIAN PRACTICE, Advanced Healthcare & Physical Medicine, INSURANCE BENEFITS OTHERWISE PAYABLE TO ME. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to release all information necessary, including the diagnosis and the records of any exam or treatment rendered to me in order to secure payment of benefits. I authorize the use of this signature on all insurance claims, including electronic submissions.

I also understand that if I suspend or terminate my care at this office, any outstanding charges professional services rendered to me will be immediately due and payable. I agree that I will be responsible for all attorney and legal fees if legal action becomes necessary to collect this amount.

I, _____ have read and fully understand the above statements.
(PRINT NAME)

(SIGNATURE)

(DATE)

In case of an emergency, please contact _____ at _____
(Name) (Phone number)

Privacy Notice

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

In the course of your care as a patient at Advanced Healthcare, LLC, we may use or disclose personal and health related information about you in the following ways:

- Your personal health information, including your clinical records, may be disclosed to another healthcare provider or hospital if it is necessary to refer you for further diagnosis, assessment or treatment.
- Your healthcare records as well as your billing records may be disclosed to another party, such as an insurance carrier, an HMO, a PPO, or your employer, if they are or may be responsible for the payment of your services.
- Your name, address, phone number, and healthcare records may be used to contact you regarding appointment reminders, information about alternative to your present care, or other health related information that may be of interest to you.

If you are not at home to receive an appointment reminder, a message may be left on your answering machine. Furthermore, you have the right to inspect or obtain a copy of the information we will use for these purposes. You also have the right to refuse to provide authorization for this office to contact you regarding these matters. If you do not provide us with this authorization it will not affect the care provided to you or the reimbursement avenues associated with your care.

Under federal law, we are also permitted or required to use or disclose your health information without your consent or authorization in the following circumstances:

- If we are providing healthcare to you based on the orders of another healthcare provider.
- If we provide healthcare services to you in an emergency.
- If we are required by law to provide care to you and we are unable to obtain our consent after attempting to do so.
- If there are substantial barriers to communicating with you, but in our professional judgment we believe that you intend for us to provide care.
- If we are ordered by the courts or another appropriate agency.

Any use or disclosure of your protected health information, other than as outlined above, will only be made upon your written authorization.

We normally provide information about your health to you in person at the time you receive chiropractic care from us. We may also mail information to you regarding your healthcare or about the status of your account. If you would like to receive this information at an address other than your home or if you would like the information in a different form, please advise us in writing as to your preferences.

You have the right to inspect and/or copy your health information for seven years from the date that the record was created or as long as the information remains in our files. In addition you have the right to request an amendment to your health information. Requests to inspect, copy or amend our health related information should be provided to us in writing.

We are required by state and federal law to maintain the privacy of your patient file and the protected health information therein. We are also required to provide you with this notice of our privacy practices with respect to your health information.

We are further required by law to abide by the terms of this notice while it is in effect. We reserve the right to alter or amend the terms of this privacy notice. If changes are made to our privacy notice we will notify you in writing as soon as possible following the changes. Any change in our privacy notice will apply to all of your information in our files.

Information that we use or disclose based on this privacy notice may be subject to re-disclosure by the person to whom we provide the information and may no longer be protected by the federal privacy rules.

If you have a complaint regarding our privacy notice, our privacy practices or any aspect of our privacy activities you should direct your complaint to Dr. Michael O'Connor. If you would like further information about our privacy policies and practices please contact Dr. Michael O'Connor.

This notice is effective as of December 1, 2012. This notice, and any alterations or amendments made hereto will expire seven (7) years after the date upon which the record was created. My signature acknowledges that I have received a copy of this notice.

Name (Print)

Signature

Date